

Manna Bags

I will rain down bread from heaven for you.

Exodus 16:4

The word manna means "what is it," which is exactly what the Israelites asked when God showered them with food in the desert during their flight from Egypt. Manna was God's provision in the wilderness.

Manna Bags are a way to offer provision to those in need, specifically to homeless people living in their own wilderness, the streets. Making Manna Bags is a wonderful project for families and friends to do together. Keep Manna Bags in your car and hand them out with a smile and love. Or deliver the bags to a local homeless shelter or church.

What you'll need: Gallon sized zip lock bags or paper lunch sacks

Suggested items to fill each bag:

package of Kleenex or wet wipes - bag of peanuts - small can of tuna
water bottle - pair of socks - granola bar - beef jerky sticks - small box of raisins
plastic fork - travel size soap - toothbrush & travel size toothpaste

You might want to add a short letter or note of encouragement.

Or add one of the printable lunch sack love notes.