

The Turquoise Table Podcast

with *Kristin Schell* 

Discussion Guide
S2E11
Trust the Process with Christa Wells
December 20, 2019

Quote highlights from Christa:

“When we make community a priority in our lives our joy is increased.”

“When I feel like I have very little to offer is when I need community the most.”

“We can be agents of community in whatever work we are called to.”

Journal Prompts:

Write about a time when you feel like you’ve had very little to offer others. How did community play a role?

Think about your main calling in life right now -- work, motherhood, volunteering. How can you be an agent of community and space making in your current vocation?

Discussion

Christa shares how even though she has very little to offer, she’s still committed to community. She recently invited young musicians to a Potluck at her home. All she provided were the candles, an old table, and a generous heart to connect. How does her story encourage or challenge you?

In their discussion, Kristin and Christa talk about how trusting the process can be challenging in creating a new album. Is there a situation in your life where you need to trust the process?

Community takes time and we all need to trust the process. Where are you in the community building process?